This simplified instruction manual is targeted for Tylo installations in the US and Canada. This instruction is unit specific – It deals only with the model you have selected. It also provides some alternative views to those of Tylo. You may also consult the full instruction manual packed with your Tylö heater.

**NOTE:** Boxed Comments offer alternate information based on our own experience.

### TYLO HEATER SPECIFICATIONS

<table>
<thead>
<tr>
<th>MODEL</th>
<th>VOLTS/PHASE</th>
<th>KW Output</th>
<th>AMPS/BREAKER</th>
<th>WIRE</th>
<th>MINIMUM / MAXIMUM CUBIC FEET</th>
</tr>
</thead>
<tbody>
<tr>
<td>SuperSport 2/4</td>
<td>110/1</td>
<td>2.2</td>
<td>19 / 25</td>
<td>10</td>
<td>42</td>
</tr>
<tr>
<td>SuperSport 2/4</td>
<td>240/1</td>
<td>2.2</td>
<td>9.2 / 15</td>
<td>14</td>
<td>42</td>
</tr>
<tr>
<td>SuperSport 2/4</td>
<td>240/1</td>
<td>4.5</td>
<td>18.3 / 25</td>
<td>10</td>
<td>70</td>
</tr>
<tr>
<td>SuperSport 7 Deluxe 7</td>
<td>208/1</td>
<td>5.3</td>
<td>25.5 / 40</td>
<td>8</td>
<td>140</td>
</tr>
<tr>
<td>SuperSport 7 Combi 7</td>
<td>240/1</td>
<td>7</td>
<td>29.2 / 40</td>
<td>8</td>
<td>140</td>
</tr>
<tr>
<td>SuperSport 8 Deluxe 8</td>
<td>208/1</td>
<td>6.3</td>
<td>30.0 / 40</td>
<td>10</td>
<td>175</td>
</tr>
<tr>
<td>SuperSport 8 Combi 8</td>
<td>240/1</td>
<td>8.3</td>
<td>34.6 / 50</td>
<td>8</td>
<td>175</td>
</tr>
</tbody>
</table>

240 volt, 1 phase is standard for houses in North America. (There are a few exceptions; i.e. New York City)

Heaters can be wired 208 volt, single phase. This decreases the output. (208/1 is found in some industrial & condo applications. SuperSport 2/4 can be wired 120 or 240 volt - 2.2kw or 240 volt - 4.5 kw

Minimum ceiling height = 74"

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**Installing the sauna heater.**

Connect using wire rated at 75° C. When the heater has been installed, a set screw (I, fig 12) locks it in place on the supporting brackets. This prevents the heater from being removed from the wall.

Check the heater’s type identification plate to ensure that the heater is connected to the right voltage.

There is no neutral wire required for 240 volt single-phase wiring. Just two “hots” and a ground.

Use a 2-pole breaker rated for the specified amperage.

Do NOT use a GFCI breaker.

All work should be done by a licensed electrician.
Figure 23: Shows most common installation for SuperSport 2/4 - 240 volt, 4.6 kW.

Fig. 11 – SuperSport

A = electric conduit. B = cedar panel.
C = insulation. D = built-in sensor.
E = built-in control panel (SuperSport).
F = built-in control panel (Sport-U).
G = vent if applicable.
H = wood blocking. I = set screw.
H mounting height: 4.6 & 7 kW = 24.5” O.C.
8.3 kW = 27” O.C.
### Sauna Volume and Minimum Installation Distances

<table>
<thead>
<tr>
<th>Output KW</th>
<th>Sauna Volume Min./max. Cubic ft.</th>
<th>Min. Distance from side wall (in.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2.2 - 4.6</td>
<td>70 - 210</td>
<td>** Normal installation &quot;X&quot;</td>
</tr>
<tr>
<td>2.2 - 4.6</td>
<td>70 - 210</td>
<td>4</td>
</tr>
<tr>
<td>5.3 - 7</td>
<td>140 - 320</td>
<td>4</td>
</tr>
<tr>
<td>6.3 - 8.3</td>
<td>175 - 440</td>
<td>5</td>
</tr>
</tbody>
</table>

**NOTE:**
While Tylo recommends 4” from the heater to the wall, this can be intrusive in certain sauna layouts and with smaller saunas. In our experience a 2” gap is sufficient and does not affect the heater operation.

#### Heater guard (Fig. 17)

The stones and the top of the sauna heater get very hot! In order to reduce the risk of accidental contact, Tylö always recommend that a heater guard be fixed as shown in the sketches.

**NOTE:** Because of the thermal-safe cool touch outer shell, Tylö heaters do not “require” guard fences like other heaters do. However, because the rock tray and rocks are hot, Tylo does still recommend a guard fence.

**A = min. 4” (2.2 – 8.3 kW)**

**B = min. 8” (2.2 – 8.3 kW)**

**FIRST TIME USE:**
Before you enjoy your first sauna bath, heat the sauna room to maximum and leave the heater to run for about 1 hour. The elements may smoke for the first 20 minutes as they “burn off” residue from the manufacturing process.
Filling the rock compartment (Fig. 18 & 19)
To properly install the sauna rocks in the heater, first wash them to remove any dust or dirt.

Tylo sauna heaters are designed with a vertical rock chamber that allows the sauna rocks to be in direct contact with the heating elements (SEE FIGURE 20). Remove the center grille (not needed) and place the stones down in the center chamber only. Do not press rocks into place. Allow them to stack naturally and to settle around the heating elements. Never block the left or right side chambers. Continue stacking the sauna rocks in the center section until they form a small pile above the location of the removable grille. Packing the rocks around the elements too tightly can restrict airflow and causes the heater’s high limits to trip and shut off.

The grill top with handle is not needed once the rocks are in place. You may discard this.

Built-in humidifier (Fig. 21)
The humidifier is the “trough” in the back part of the rock tray of all Tylo heaters (up to 8.3 kw).
You may fill the built-in humidifier with water before turning on the sauna, and you will have a pleasantly humid sauna right from the start, which accelerates and stimulates perspiration. You can also add a few drops of sauna fragrance to the water in the humidifier. Or you may add fragrance to the water bucket and ladle it over the rocks.

Sprinkling water on the stones
It should always be done with the ladle, never with a hose or bucket. Note: The stones must be hot.

Check the stone compartment at least once a year.
This is especially important for public saunas and saunas in frequent use. Remove all stones from the compartment. Clean any small stones, grit, gravel and chalky deposits from the bottom of the stone compartment. Use only stones which are whole and intact, replacing them when necessary with new ones.
Temperature limit control.
Tylö sauna heaters have a temperature limit control built into the terminal box on the heater. This is activated automatically if there is any risk of overheating. More often than not, the cut-off is triggered because of incorrect sauna ventilation or incorrectly placed rocks (or incorrectly placed thermostat sensor bulb in the case of an outside control).
If the temperature limit control trips repeatedly, call for assistance.

SAUNA OPERATION

You can enjoy traditional dry and wet saunas with all Tylö heaters.
Dry and wet saunas are bathing forms whose history is shrouded in the mists of time. These hot baths are best enjoyed at temperatures between 160-190°F.

In **dry saunas**, where the stones are not sprinkled with water, the relative humidity (RH) is as low as 5–10%.

In **wet saunas**, when water is ladled on the hot stones from time to time, the relative humidity rises steeply to 10–25%, and you can feel how the quivering waves of heat massage their way into your skin. A few drops of scented essence added to the water poured over the stones give a pleasantly invigorating sensation, clearing nasal cavities and helping you breathe more easily. A great way to round off any sauna is to experience the pleasant tingling sensation when you pour a little extra water over the stones. Wet saunas are considered by most people to be the traditional way to enjoy a sauna, and they are the most popular too.

**Note on Unique Tylo Feature:**

*Tylo saunas have staged elements. Initially all heating element are on to heat up sauna. Then, the elements go off in stages and re-engage as necessary. This is designed to maintain an overall higher and more even temperature and avoid the temperature swings of other heaters that only cycle between fully on and off.*

**Important:** *Use ordinary drinking water. Salt-water, swimming pool or spa water will damage the heating elements. Never hose down the heater. Devices that provide continuous water sprinkling are not permissible.*

**HOW TO GET THE MOST OUT OF YOUR SAUNA**

- Take a towel in with you to sit on. Stay inside the sauna only as long as it feels pleasant. Go out now and then to cool off and freshen up with a quick cool shower.
- Show consideration for other bathers. Don’t set the temperature higher than is pleasant for all those using the sauna.
- Young children love saunas. Let them splash about in a tub of water on the floor or the lower benches where it is somewhat cooler. But remember to keep an eye on them at all times.
- Round off your sauna with a long, cool shower.
- Never get dressed right after your sauna. This will only cause you to perspire.
- Relax, treat yourself to a cold drink and enjoy a sensation of true well-being. Don’t get dressed until your body has cooled down and your pores have closed once again.

**The full instruction manual provided by Tylo and packed with your Tylö heater contains additional information about your sauna. You may also consult that manual before installing and using your sauna.**