

Cold Cellar Sauna Considerations:

- * Account for size reduction when framing inside.
- * Measure "vestibule". Most prefer door to the outside of block, so additional cedar is required to cover area.
- * Consider ventilation: Typical sauna ventilation is indoor to indoor. This can be challenging in cold cellar with 8" to 12" foundation walls.
Inlet: some core drill for intake. Others rely on gap under door
Outlet: Some duct over drop ceiling to front wall and core drill. Others utilize existing outdoor ventilation that often pre-exists in many cold cellars

